

Active Life Fitness would like to thank you for your patience during this difficult time. We hope everyone is healthy and well.

Announcement:

Doors are OPEN. Come in during staffed hours, MWF 7:00-1:00 and TTh 1:00-6:00.

Sign up discounts for previous members thru September 15th.

EVERYONE (including past members) will need to sign new paperwork including waivers for membership to get a key fob.

We are following the CDC guidance provided for Phase 3. It is a new normal but we will all get through it by working together.

Should you have any questions, please send us an email at ActiveLifeFitness@gmail.com.

Like and follow the Active Life Facebook page to get workouts you can do at home.

Stay Healthy and Safe!